



**Venue:** Hotel Crystal  
Via Baratta Nuova 1,  
Preganziol (TV)

**Dates:** 2-3 March 2019

**Target people:** This course is for anyone working professionally with people in pain like: Physiotherapists, Speech therapists, Occupational therapists, Doctors, Nurses

Numbers: **min** 20\*, **max** 30

\* number of participants required to activate the course

### ECM Credits

ECM credits for those entitled

### Deadline:

February 1th) or ending of seats

### Participation fees

**Ordinary fee:** € 370,00

*Classes are in English. The fees include: participation, ECM credits (for eligible persons), teaching materials, consequential translation*

### Segreteria Organizzativa

Zefiro Formazione srls

email: [info@zefiroformazione.eu](mailto:info@zefiroformazione.eu)

mobile 380 3938831

*The data reported in this poster are updated to 30/01/2019 and may undergo some changes; refer to what is indicated on the website <https://zefiroformazione.eu/corsi-ed-eventi/elenco-corsi/neuroscientific-painmodulation.html>*



## Neuroscientific Painmodulation

**Teacher:** Lars Avemarie, *physiotherapist, writer, internationally acclaimed lecturer, teacher, and personal trainer.*

*Lars has a unique blend of knowledge about pain research, neuroscience, physiotherapy, rehabilitation and critical thinking. He has worked over a decade full-time in the health industry, as both a manager and as a exercise and rehab specialist at corporate level. He has specialized himself in training of clients with injuries and/or chronic pain.*

**Neuroscientific painmodulation** is a innovative two-day course focusing on pain research and pain-modulation, with citations of **well over 300 scientific peer-review articles**, the course represents a much needed update to the governing theories, narratives, philosophies and world-view that there are in pain management. The course is the attempt to pass on what the teacher **has learned by reading modern pain science, neuroscience, rehabilitation research and critical thinking for (approximately) 8-10 years.**

Neuroscientific pain modulation is a **scientific and principle-based approach to the treatment of diagnoses where pain is the cardinal symptom**, ie all diseases and musculoskeletal problems where pain is the predominant patient complaint.

The aim of the course is to make it easier to stay up to date with current pain research, so that health professionals can use up-to-date and current research as the basis of their clinical reasoning.

As a participant in the course you can become a member of an **exclusive online group**. Where you can access additional resources and information, and you have the opportunity to ask questions for both me and colleagues. The goal of online group is also to make it easy and manageable to keep up-to-date with current pain research, so that you always use the latest research as the basis of your clinical reasoning.

The course **includes a large amount of written material, research-based articles and summary of all lectures**, well over 60 pages.

### How to register online

1. Go to [www.zefiroformazione.eu](http://www.zefiroformazione.eu) and login to your account (or create one if not yet existing)
2. Search for the event from the <Corsi ed eventi> menu
3. Enter the desired event and look for the <VAI ALL'ISCRIZIONE > button
4. Fill in the required fields
5. Valid registration with the next payment within 5 days or different date indicated in the confirmation email.
6. Payment by bank transfer to ZefiroFormazione srls c/o UnipolBanca.it - IBAN IT67P031271200000000001215  
Report in the reason for payment: registration code received + name of participant. Requests to change data for billing beyond 15 days from registration validation are not allowed

Day 1 - Pain update  
and client-based pain-education

Time	Title
08:30-09:00	Registration
09:00-09:25	Intro and background (lectures)
09:25-09:30	Write your own pain definition
09:30-10:45	Critical thinking - and the art of thinking better (lectures)
10:45-11:00	<i>Break</i>
11:00-11:45	The two dominating painmodels (lectures)
11:45-12:30	Pain - A multifactorial review part 1 (lectures)
12:30-13:00	<i>Lunch</i>
13:00-13:15	Case 1 (group work)
13:15-13:30	Debate about Case 1
13:30-15:00	Pain - A multifactorial review part 2 (lectures)
15:00-15:15	<i>Break</i>
15:15-15:45	Pain and communication
15:45-17:00	Client-based pain-education (optionally)
17:00-17:15	Q & A

Day 2: Neuroscientific pain modulation  
and clinical reasoning

Time	Title
09:00-09:30	Intro Neuroscientific pain modulation (lectures)
09:30-10:15	The Placebo Effect and Pain Management (lectures)
10:15-10:30	<i>Break</i>
10:30-11:45	A critical review - Modalities part 1 (lectures)
11:45-12:00	Find the influencing factor (group work)
12:00-12:30	<i>Lunch</i>
12:30-13:45	A critical review - Modalities part 2 (lectures)
13:45-15:00	Neuroscientific pain modulation part 1 (lectures)
15:00-15:15	<i>Break</i>
15:15-16:45	Neuroscientific pain modulation part 2 (lectures)
16:45-17:00	Find the influencing factor
17:00-17:20	6 critical questions (optionally)
17:20-17:45	Q & A
17:45-18:15	Learning and satisfaction questionnaire

“The timetable is dynamic and can change, due to the debative nature of the course, and can be influenced on time spend on subtopics and on questions”